



Befriending Volunteer

Our new Befriending Service is supported by a team of dedicated befriending volunteers who are passionate about supporting female survivors to have a healthy & meaningful life.

We are looking for kind, caring and committed volunteers to provide weekly 121 distance befriending (via scheduled telephone and/ or online video calls) to matched graduates of Bramber Bakehouse, increasing opportunities for social connection, promoting health and wellbeing, self-confidence and independence.

Title: Bramber Bakehouse Befriending Volunteer

Commitment: Approximately 2 hours per week (includes weekly befriending calls & related admin)
Up to 16 sessions per befriending match
Calls take place Monday - Thursday 9am to 5pm for 30 - 45 minutes

Location: Home-based & best suited for volunteers living in Sussex

Reporting to: Progression Support Coordinator

To apply for this role:

- Read the Role Description below
- Complete our short online form at bramberbakehouse.co.uk/befriending-service/
- Complete our optional equal opportunities online monitoring form. The information on this form will be treated as confidential and used for statistical purposes only. The form will not be treated as part of your application.

**If you have any questions about the befriending service, please contact
Dionne Widgerey, Progression Support Coordinator
07946 334180
befriending@bramberbakehouse.co.uk**

bramberbakehouse.co.uk

Bramber Bakehouse is a Registered Charity No: 1172837 | Registered Company No: 09437477



Role Description

Key Responsibilities

- Make regular contact with a woman/women with whom you have been matched, building a relationship of trust and support
- Support and encourage women to access opportunities that increase social connection & health & wellbeing utilising local signposting resources
- Submit a befriending contact sheet, supplied by BB, after each scheduled call
- Participate in built-in reviews and evaluation supplied by BB
- Participate in 121 and volunteer group support via the Coordinator
- Uphold Bramber Bakehouse's vision, culture and values and abide by the policies and procedures provided through our volunteer training and handbook

Person Specification

Qualities, Skills & Experience Required

Essential

- Must be female aged 18+
- Able to build relationships and work positively with team members and other women
- Organised and reliable
- Excellent communication skills
- A good standard of English at Entry Level 3 and above
- Good IT skills (for emails, completing online forms, basic online searching)
- A warm and friendly attitude
- An understanding, empathetic and non-judgemental approach
- A clear sense of professional boundaries

Desirable

- Experience working with women survivors of trauma
- Experience of working with ethnically and culturally diverse communities
- Knowledge of local area and services

Other Requirements

- Able to attend volunteer training, support & supervision sessions
- Reliable access to a telephone, laptop/device and internet
- Able to commit to support for 12 months
- Provide details of a suitable reference
- Completed a DBS standard check (carried out by Bramber Bakehouse)

Training & Support

- All volunteers are required to attend volunteer training & induction which include additional reading and homework activities
- Volunteers may be required to participate in additional training and support during the placement
- Ongoing support will be offered by the Coordinator either in person, via telephone or online
- Regular communications and resources will be shared with volunteers via email
- Reimbursement of out of pocket expenses such as phone call and travel costs (where required and with proof of receipt)