



Bramber Bakehouse provides women with the confidence, knowledge and skills for a positive future. Our baking, wellbeing and life skills programmes are designed to support women who've experienced abuse, exploitation or displacement.

Wellbeing & Life Skills Support Volunteer Role Description

We are looking for a kind and caring volunteer to assist the Programme Coordinator on our eight-week wellbeing and life skills programme, supporting and empowering female survivors.

Title:	Wellbeing and Life Skills Volunteer
Commitment:	7 hours, per week (9am to 4 pm) Mondays during programme dates below Spring Programme - Mondays 3rd March - 28th April 2025 (no session 21st April) Summer Programme - Mondays 2nd June - 21st July 2025 Autumn Programme - Mondays 29th September - 24th November 2025 (no session 28th October)
Training Date	Online Volunteer Training - Monday 4th February 2025 (afternoon)
Interview Dates	Tuesday 21st January 2025 & Monday 27th January 2025
Location:	Central Brighton
Salary:	This is a voluntary position. We offer training, supervision support, reasonable travel expenses, and a communal lunch on programme days.
Reporting to:	Programme Coordinator

Role Description

Key responsibilities

- Assist the Programme Coordinator with the Bramber Bakehouse wellbeing and life skills programme.
- Work collaboratively with a small team to ensure the workshop delivery runs smoothly including support with students arriving by train, assisting the baking team, and other support needs that may arise on the day.
- Support in the physical set-up and clean up of each workshop.
- Provide a friendly, warm environment to each woman attending the Bramber Bakehouse programme.
- Participate in the wellbeing and life skills activities.
- During the team debrief meeting at the end of each session, contribute reflections and suggestions to the Programme Coordinator or other staff members.

Skills, attributes and experience

Desirable criteria

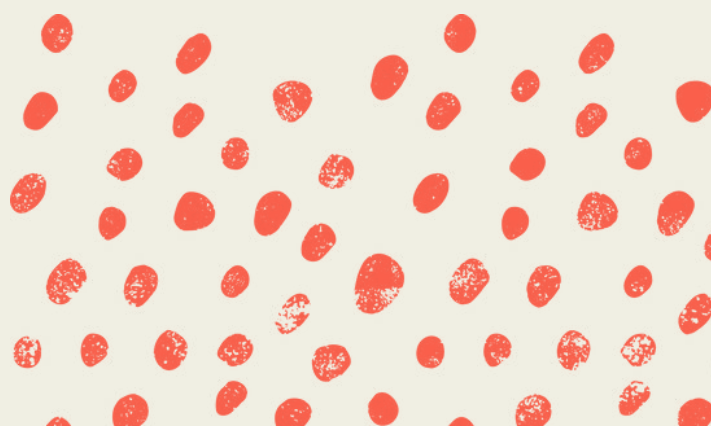
- Experience working with women survivors.
- Experience teaching to small groups or wellbeing spaces.
- Knowledge of working within a trauma informed approach.

Person attributes

- Female*
- Able to work positively with team members and other women.
- Available to commit to the eight weeks of the programme dates.
- Good communication skills.
- Committed to Bramber Bakehouses' values and mission.
- Broadly in sympathy with the aims and ethos of the charity.
- Passionate about supporting and empowering women.
- Able to attend mandatory training before the programme start date**

*Due to the sensitive nature of our programmes, we only accept female applications for all roles directly supporting women survivors.

**All roles directly supporting women survivors will require a DBS check and mandatory training session about the programme and volunteering at Bramber Bakehouse.



Our commitment to equity, diversity and inclusion

We aim to achieve equity, diversity and inclusion at every level of our workforce. As a result, we're prioritising applicants with lived experience of gender-based violence, displacement, exploitation or racism. We believe organisational diversity matters and we will be more accountable and better able to assess the needs of the women we support if we have a good range of perspectives within our team.

All applicants and employees receive equal and fair treatment, regardless of age, race, religion, sexual orientation, disability or nationality. Please let us know if you require any reasonable adjustments to enable you to perform at your best during the recruiting process and following appointment.

How to Apply

To apply for this role, please complete our online application form at <https://bramberbakehouse.co.uk/vacancies/>. If you have any questions, please email recruitment@bramberbakehouse.co.uk

Applications close on Friday 17th January 2025.